

Omaha Steaks Product Allergen and Food Sensitivity Listings

For our valued customers who need to avoid certain food ingredients, Omaha Steaks provides information regarding the top nine food allergens (Milk, Egg, Fish, Shellfish, Soy, Peanuts, Tree Nuts, Sesame, and Wheat) and the other ingredients (Gluten, Sulfites, and MSG) we are asked about most often. Wheat & Gluten have been combined into one column as the vast majority of products that contain either, contain both.

The listings below do not include single ingredient meat products such as steaks, burgers and roasts from beef, pork, lamb, bison or veal as these DO NOT contain the above mentioned ingredients. Also omitted are any single ingredient poultry products and meat wrapped in bacon as these DO NOT contain any of the ingredients on the chart, either.

Allergens that are part of the ingredients are marked with a ✓.

Allergens that may have come into contact with the product are marked with an *.


Please consult individual product listings on omahasteaks.com for detailed information.

CATEGORY	PAGE #
Meat	2-3
Center of the plate Beef, Pork & Veal Items	
Jerky & Meat Snacks	
Vegetarian 'Meat'	3
Poultry	3-4
Chicken & Turkey Items	
Seafood	5
Fish & Shellfish Items	
Meals & Entrees	6-7
Single Serve	
Skillet Meals	
Pasta	
Soups	
Starters	7
Appetizers	
Flatbreads	
Side Dishes.....	8
Vegetables / Potatoes	
Desserts	9-10
Tartlets	
Cakes & Pies	
Cookies & Brownies	
Sauces & Seasonings	10

For nutrition information and complete product ingredient statements, please visit our website at www.omahasteaks.com or call 1-800-228-9872.


Omaha Steaks Product Allergen and Food Sensitivity Listings


Information effective June 2022

	ITEM #	MILK	EGG	FISH	SHELLFISH	SOY	PEANUT	TREE NUTS	WHEAT/ GLUTEN	SESAME	SULFITES	Added MSG
MEAT												
Bacon, Applewood Steak Cut	2487											
Bacon, Colossal Cut	3147											
Bacon, Fully Cooked Hearty Cut	2279											
Bacon, Precooked	2407											
Beef Jerky, Hot & Spicy	2781											
Beef Jerky, Original	2779											
Beef Jerky, Teriyaki	2780					✓			✓			
Beef Meatballs	3601	✓				✓			✓			
Beef Pot Roast, Cooked	1163, 3273											
Beef Snack Stick	2276											
*Beef Sticks, Jalapeno	2784											
Beef Sticks, Original	2782											
Beef Sticks, Teriyaki	2783					✓			✓			
Bratwurst	1427											
Bratwurst, Cheddar	3271	✓										
Bratwurst, Jalapeno, Bacon, Cheddar	3276	✓										
Breaded Pork Tenderloin	3239	✓							✓			
Franks, Beef Skinless	3509											
Franks, Jumbo Gourmet	883 1331	✓										✓
Filet Mignon Polish Sausage	3080											
Ham, Spiral Sliced#	2578 2580											
Ham, Spiral Sliced Pit#	3513											
Ham, Pit 2.5#	3021											
Ham, Pit 5#	3028											
Knockwurst	3184											
Ham, Pecanwood Smoked#	3024											
Homestyle Meatloaf	3130		✓	✓					✓			
Philly Cheesesteak Sirloin	3165					✓						
Pork Belly Burnt Ends	3596											
Pork Chops, Hickory Smoked	3571											
Pork Chop, Polynesian	3504					✓			✓	✓		
Pork Pot Roast, Fully Cooked	3505											

Omaha Steaks Product Allergen and Food Sensitivity Listings

Pork Ribs, Smoked Baby Back	3568											
Pork Ribs, Original	2647											
*Pork Ribs, Smoked Loin	909											
Pork Ribs, Teriyaki	2623					✓			✓	✓		
*Pork, Smoked Pulled	3121											
Prime Rib Roast, Fully Cooked#	3227											
Prime Rib Slices, Individually Wrapped	1167											
Pulled Pork, Fully Cooked	3595											
Rustic Corned Beef	2894											

 AMERICA'S ORIGINAL BUTCHER OMAHA STEAKS SINCE 1917	ITEM #	MILK	EGG	FISH	SHELLFISH	SOY	PEANUT	TREE NUTS	WHEAT/ GLUTEN	SESAME	SULFITES	Added MSG
MEAT												
Sausage, Italian	2190											
Sausage, Kielbasa	2534 2633	✓										✓
Sausage, Pork Breakfast	3531											✓
Skewer Kit, Mediterranean Top Sirloin	3135											
Skewer Kit, Teriyaki Top Sirloin	3128					✓			✓			
Smoked Brisket Burnt Ends#	3169											
Steak, Chicken Fried	2366					✓			✓			
*Tri-tip Sandwich Steaks, Fully Cooked	3094											
Veal Patty, Italian Breaded	660	✓				✓			✓			
VEGETARIAN												

 AMERICA'S ORIGINAL BUTCHER OMAHA STEAKS SINCE 1917	ITEM #	MILK	EGG	FISH	SHELLFISH	SOY	PEANUT	TREE NUTS	WHEAT/ GLUTEN	SESAME	SULFITES	Added MSG
POULTRY												
Air Chilled Half Chicken, Garlic & Herb	3550											
Air Chilled Italian Seasoned Chicken Breasts	3552											
Air Chilled Omaha Steaks Seasoned Chicken Breasts	3562											


Omaha Steaks Product Allergen and Food Sensitivity Listings


*Chicken Breast, Italian Style	1183	✓									✓	
*Chicken Breast, Roasted	2166											
Chicken Breast, Stuffed, Broccoli & Chs	3532	✓	✓			✓			✓			
Chicken Breast, Stuffed, Art, Spin, Chs	3182	✓	✓			✓			✓			
Chicken Breast, Stuffed, Moz, Marinara	3185	✓	✓			✓			✓			
Chicken Breast, Stuffed, Wild Rice	3168	✓	✓			✓			✓			
Chicken Cordon Bleu	3240	✓	✓			✓			✓			
Chicken Fingers, Italian	382	✓							✓			
Chicken Fried Chicken	2404					✓			✓			
Chicken Griller, Ham & Cheese	3561	✓										
Chicken Griller, Mediterranean	3559	✓										
Chicken Griller, Pimento Cheese	3558	✓							✓			
Chicken Sausage, Onion & White Cheddar	3547	✓										
Chicken Sausage, Garlic & Asiago	3071	✓										
Chicken Sausage, Apple & Gouda	3067	✓										
Chicken Skewers with Vegetables	3551											
*Chicken Skewers with Vegetables	3166											
Chicken Tenders	2206								✓			
Chicken Wings, Fully Cooked	3096											
Philly Cheesesteak Chicken	3167	✓				✓						
Turkey Breast, Cooked#	2418											
Turkey Breast, Fully Cooked#	3501											
Turkey Burger	3618											
Turkey, Whole Smoked#	3507											
Turkey, Oven Ready	1244											

Omaha Steaks Product Allergen and Food Sensitivity Listings

	ITEM #	MILK	EGG	FISH	SHELLFISH	SOY	PEANUT	TREE NUTS	WHEAT/ GLUTEN	SESAME	SULFITES	Added MSG
SEAFOOD												
Cobia Fillets	3002			✓								
Cod, Pub-Style Battered	1544	✓	✓	✓		✓			✓			
Crab Legs, King	842				✓							
Crab, Snow Cocktail Claws	1364				✓							
Grouper Fillets	3006			✓								
Halibut Fillets	3064			✓								
Lobster Tails	2576				✓							
Lobster Tail Skewers	3119	✓			✓							
Mahi Mahi Steaks	2840			✓								
Sablefish Skin-ON	3269			✓								
Scallops, Bacon Wrapped	2765											
Scallops, Colossal	2961											
*Salmon Burger	2454	✓		✓								
Salmon Fillets, Faroe Island	2838			✓								
Salmon Fillets, Lemon Dill	2303			✓								
Salmon Fillets, Marinated	1417			✓								
Salmon, Smoked	2661			✓								
Sea Bass, Chilean	2326			✓								
Shrimp, Argentine Red	2914				✓						✓	
Shrimp, Coconut	1653	✓	✓		✓			✓	✓			
Shrimp, Jumbo Cooked	1722				✓							
Shrimp, Redhook Beer Battered	2761				✓	✓			✓			
Shrimp, Shell-on	3241				✓						✓	
Snapper, Scarlet	2888			✓								
Sockeye Salmon, Skin On	3070			✓								
Sole Almondine	843	✓		✓				✓	✓			
Sole, Stuffed with Scallops & Crab	191	✓		✓	✓				✓			
Swordfish Steaks	771			✓								
Trout, Steelhead	3223			✓								
Tuna, Yellowfin	2842			✓								


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MEALS & ENTREES												
Single Serve Lemon Herb Chicken	3283	✓				✓			✓			
Single Serve Lemon Garlic Shrimp	3284	✓	✓		✓	✓			✓			
Single Serve Bourbon-Glazed Brisket	3285					✓			✓			
Single Serve Creamy Chicken Penne	3289	✓				✓			✓		✓	
Single Serve Shrimp Fried Rice	3288	✓			✓	✓			✓	✓	✓	
Single Serve Beef & Broccoli	3287	✓				✓			✓		✓	✓
Slow Cooker Corned Beef & Cabbage#	2917											✓
Skillet, Chicken Piccata	2807	✓	✓						✓			
Skillet, Orange Chicken	2808	✓	✓			✓			✓			
Skillet, Asian Pepper Steak	2810					✓			✓	✓		
*Skillet, Creamy Garlic Chicken	2832	✓	✓						✓			
Skillet, Sesame Chicken	2885	✓	✓			✓			✓	✓		
Skillet, Shrimp Scampi	2887	✓	✓		✓	✓			✓		✓	
Skillet, Peanut Butter Chicken	3101					✓	✓		✓			


	ITEM #	MILK	EGG	FISH	SHELLFISH	SOY	PEANUT	TREE NUTS	WHEAT/ GLUTEN	SESAME	SULFITES	Added MSG
MEALS & ENTREES												
Beef Bourguignon	3204					✓			✓		✓	
Beef Shepherd's Pie	2740	✓		✓		✓			✓			
Chicken & Dumplings	3203	✓							✓		✓	
Chicken in Pastry	2758	✓				✓			✓			
Creamy Chicken Lemon Orzo	3220	✓				✓			✓			
Fettucine Alfredo, Chicken	3539	✓	✓						✓			
Filet Mignon Bolognese w/ Tortellini	3564	✓	✓						✓			
Filet Mignon in Pastry	2757	✓		✓		✓			✓			

Omaha Steaks Product Allergen and Food Sensitivity Listings

Harvest Rice Pilaf#	3129											
Lasagna, Meat Lover's	2790	✓	✓			✓			✓			
*Lobster Mac & Cheese	3207	✓		✓	✓	✓			✓			
Lobster Ravioli	3563	✓	✓		✓	✓			✓			
Rigatoni Tomato & Vodka	3206	✓							✓			
Short Rib Mac & Cheese	3221	✓		✓		✓			✓			
Short Rib Stroganoff	3544	✓		✓		✓			✓			
Shrimp & Pimento Cheese Grits	3541	✓			✓							
Soup, Lobster Bisque	1454	✓			✓				✓		✓	
Soup, Steakhouse Chili	2363											
*Stir Fry Kit, No Protein	3116					✓					✓	
Stew, Heartland Beef	2844	✓							✓			

	ITEM #	MILK	EGG	FISH	SHELLFISH	SOY	PEANUT	TREE NUTS	WHEAT/ GLUTEN	SESAME	SULFITES	Added MSG
STARTERS												
Crab Cakes, Gourmet	2882		✓		✓				✓			
*Filet Mignon Bites	2692	✓							✓			
Flatbread, Proscuitto & Provolone	2995	✓				✓			✓	*		
Flatbread, Philly Cheese Steak	2999	✓				✓			✓	*		
Gourmet Franks in a Blanket	2307	✓	✓						✓			
Mini Garlic Baguettes	3004	✓							✓	*		
Mini Lobster Grilled Cheese	3118	✓	*	*	✓	*		*	✓			

Omaha Steaks Product Allergen and Food Sensitivity Listings


		ITEM #	MILK	EGG	FISH	SHELLFISH	SOY	PEANUT	TREE NUTS	WHEAT/ GLUTEN	SESAME	SULFITES	Added MSG
SIDE DISHES													
Asparagus Souffle	3556	✓	✓										
Broc & Cauli Gratin	3190	✓								✓			
Brussels Sprouts with Shallots & Bacon	2565	✓											
Caprese Risotto	3540	✓											
Corn & Edamame Succotash	3084					✓							
Creamed Spinach	2690	✓											
Green Bean Casserole#	3629	✓								✓			
Pepperjack Risotto Cakes	1765	✓								✓			
Potatoes Au Gratin	2236 2588	✓				✓				✓			
Roasted Garlic Mashed Potatoes	1478	✓				✓							
Scalloped Potatoes, Individual	3125	✓	✓	*		*				*			
Smashed Red Potatoes	3018	✓											
Steakhouse Cauliflower Gratin	3098	✓								✓			
Steakhouse Creamed Corn	3097	✓											
Steakhouse Hash Browns	3091	✓											
*Steakhouse Sweet Potato Fries	3093												
Stuffed Baked Potatoes	1381 1472	✓											
Whipped Sweet Potatoes	3020	✓											
Whole Green Beans	1519	✓											
Winter Roots Gratin#	3183	✓								✓			

Omaha Steaks Product Allergen and Food Sensitivity Listings

	ITEM #	MILK	EGG	FISH	SHELLFISH	SOY	PEANUT	TREE NUTS	WHEAT/ GLUTEN	SESAME	SULFITES	Added MSG
DESSERTS												
Blueberry Buckle	3537	✓	✓					✓	✓			
*Bundt Cakes, Chocolate	3219	✓	✓			✓		*	✓			
Bundt Cakes, Pumpkin Maple#	3237	✓	✓			✓		✓	✓			
Bundt Cakes, Strawberry and Cream#	3546	✓	✓			✓		*	✓			
Cannoli Cake	3298	✓	✓			✓		✓	✓			
Caramel Apple Tartlets	1709 2243	✓	✓			✓		*	✓			
Caramel Custard	3186	✓	✓			✓		*				
Carrot Cake#	3535	✓	✓			✓		✓	✓			
Cheesecake, Strawberry Swirl Heart#	3526	✓	✓			✓		✓	✓			
Cheesecake Sampler - Individuals	3511	✓	✓			✓		✓	✓			
Chocolate Chunk Cookie Dough	3506	✓	✓			✓			✓			
Chocolate Cream Pie	3225	✓	*			✓		*	✓			
Chocolate Lover's Cake	2890	✓	✓			✓			✓			
Chocolate Molten Lava Cake	2748	✓	✓			✓		*	✓			
Chocolate Souffles, Individual	3099	✓	✓			✓		*				
Cookie Dough, Macadamia Nut	3510	✓	✓			✓		✓	✓			
Crème Brulee	2288	✓	✓					*				
Gourmet Cheesecake Sampler	3268	✓	✓			✓		✓	✓			
Key Lime Tart	3122	✓	✓			*		*	✓			
Mini Chocolate Mousse Cups	3007	✓	*			✓	*	*	*			
New York Cheesecake - 32 oz.	3252	✓	✓			✓		✓	✓			
New York Cheesecake - Individuals	3508	✓	✓			✓		✓	✓			
Peanut Butter Fudge Silk Cake	3500	✓	✓			✓	✓		✓			
Pear Butter Cakes	3123	✓	✓						✓			
Peppermint Mousse Cake#	3299	✓	✓			✓			✓			
Pineapple Upside Down Cake	2621	✓	✓			*		*	✓			

Omaha Steaks Product Allergen and Food Sensitivity Listings

Sticky Toffee Pudding Cakes	2805	✓	✓			*		*	✓			
Summer Fruit Tarts#	3029	✓	✓			*		*	✓			
Triple Berry Tartlets	2401	✓	✓			*		*	✓			

	ITEM #	MILK	EGG	FISH	SHELLFISH	SOY	PEANUT	TREE NUTS	WHEAT/ GLUTEN	SESAME	SULFITES	Added MSG
SAUCES & SEASONINGS												
Butter, Seasoned	795	✓		✓		✓						
Gravy, Country Style White	2361								✓			
Rub, Garlic & Herb	2654											
Rub, Private Reserve	2650 3026											
Rub, Signature Seafood	2939											
Rub, Sweet, Smoky Applewood	2652											
Sauce, Barbeque	2269											
Sauce, Cocktail	1740			✓								
Sauce, Horseradish	1755		✓			✓						
Sauce, Steak	2270					✓			✓			
Sauce, Tartar	2011	✓	✓			✓						
Seasoning, Salt & Pepper	3163											
Seasoning, Signature Steak	1141 2416* 3061											

If you are unable to locate a product for which you are searching, please see individual product listings at www.omahasteaks.com or call 1-800-228-9872.