

Omaha Steaks Product Allergen and Food Sensitivity Listings

For our valued customers who need to avoid certain food ingredients, Omaha Steaks provides information regarding the top nine food allergens (Milk, Egg, Fish, Shellfish, Soy, Peanuts, Tree Nuts, Sesame, and Wheat) and the other ingredients (Gluten and Sulfites) we are asked about most often. Wheat & Gluten have been combined into one column as the vast majority of products that contain either, contain both.

The listings below do not include single ingredient meat products such as steaks, burgers and roasts from beef, pork, lamb, bison or veal as these DO NOT contain the above mentioned ingredients. Also omitted are any bacon products, single ingredient poultry products, and meat wrapped in bacon as these DO NOT contain any of the ingredients on the chart, either.

Allergens that are part of the ingredients are marked with a ✓.
 Allergens that may have come into contact with the product are marked with an *.
 Please consult individual product listings on omahasteaks.com for detailed information.

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For nutrition information and complete product ingredient statements, please visit our website at www.omahasteaks.com or call 1-800-228-9872.

Information effective October 2021

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	ITEM #	MILK	EGG	FISH	SHELLFISH	SOY	PEANUT	TREE NUTS	WHEAT/ GLUTEN	SESAME	SULFITES
MEAT											
Bacon, Applewood Steak Cut	2487 2509										
*Bacon, Colossal Cut	3117										
Bacon, Precooked	2407										
*Beef Brisket, Fully Cooked	3072					✓			✓		
Beef Franks	2317										
Beef Jerky, Hot & Spicy	2781										
Beef Jerky, Original	2779										
Beef Jerky, Teriyaki	2780					✓			✓		
Beef Meatballs	2593	✓							✓		
Beef Pot Roast, Cooked	1163, 3273										
Beef Snack Stick	2276										
Beef Sticks, Jalapeno	2784										
Beef Sticks, Original	2782										
Beef Sticks, Teriyaki	2783					✓			✓		
Bratwurst	1427										
Bratwurst, Cheddar	3271	✓									
Brawurst, Jalapeno, Bacon, Cheddar	3276	✓									
Breaded Pork Tenderloin	3239	✓							✓		
Chicken Sausage, Garlic & Asiago	3071	✓									
Chicken Sausage, Apple & Gouda	3067	✓									
Franks, Jumbo Gourmet	883 1331	✓									
Filet Mignon Polish Sausage	3080										
Ham, Spiral Sliced#	2578 2580										
Ham, Pit 2.5#	3021										
Ham, Pit 5#	3028										
Knockwurst	3184										
Ham, Pecanwood Smoked#	3024										
*Pork Chop, Polynesian	3126					✓			✓		✓
Pork Ribs, Original	2647										
Pork Ribs, Smoked Loin	909										
Pork Ribs, Teriyaki	2623					✓			✓	✓	
Pork, Smoked Pulled	3121										
Prime Rib Slices, Individually Wrapped	1167										
Rustic Corned Beef	2894										

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MEAT												
Sausage, Italian	2190											
Sausage, Kielbasa	2534 2633	✓										
*Sausage, Pork Breakfast	1654											
Steak, Chicken Fried	2366					✓				✓		
*Steak Bites, Original	2794											
*Steak Bites, Peppercorn	2792											
*Tri-tip Roast, Fully Cooked	3079											
*Tri-tip Sandwich Steaks, Fully Cooked	3094											
Veal Patty, Italian Breaded	660	✓				✓				✓		
VEGETARIAN												
		ITEM #	MILK	EGG	FISH	SHELLFISH	SOY	PEANUT	TREE NUTS	WHEAT/ GLUTEN	SESAME	SULFITES
POULTRY												
*Chicken Breast, Bacon-Wrapped	3092											
Chicken Breast, Italian Style	1183	✓										✓
Chicken Breast, Roasted	2166											
*Chicken Breast, Stuffed, Broccoli & Chs	1480	✓								✓		
Chicken Breast, Stuffed, Art, Spin, Chs	3182	✓	✓				✓			✓		
Chicken Breast, Stuffed, Moz, Marinara	3185	✓	✓				✓			✓		
Chicken Breast, Stuffed, Wild Rice	3168	✓	✓				✓			✓		
Chicken Cordon Bleu	3240	✓	✓				✓			✓		
Chicken Fingers, Italian	382	✓								✓		
Chicken Fried Chicken	2404						✓			✓		
Chicken Skewers with Vegetables	3166											
Chicken Tenders	2206									✓		
Chicken Wings, Fully Cooked	3096											
Turkey Breast, Cooked	2418											
Turkey Burger	3618											
Turkey, Oven Ready	1244											

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	ITEM #	MILK	EGG	FISH	SHELLFISH	SOY	PEANUT	TREE NUTS	WHEAT/ GLUTEN	SESAME	SULFITES
SEAFOOD											
Cobia Fillets	3002			✓							
Cod, Icelandic (Atlantic) Loins	2421			✓							
Cod, Pub-Style Battered	1544	✓	✓	✓		✓			✓		
Crab Legs, King	842				✓						
Crab, Snow Cocktail Claws	1364				✓						
Grouper Fillets	3006			✓							
Halibut Fillets	3064			✓							
Lobster Tails	2394 2576				✓						
Lobster Tail Skewers	3119	✓			✓						
Mahi Mahi Steaks	2840			✓							
Sablefish Skin-ON	3269			✓							
Scallops, Bacon Wrapped	2765										
Scallops, Colossal	2961										
Salmon Burger	2454	✓		✓							
Salmon Fillets, Faroe Island	2838			✓							
Salmon Fillets, Lemon Dill	2303			✓							
Salmon Fillets, Marinated	1417			✓							
Salmon, Smoked	2661			✓							
Sea Bass, Chilean	2326			✓							
Shrimp, Argentine Red	2914				✓						✓
*Shrimp, Blackened	2893				✓						
Shrimp, Coconut	1653	✓	✓		✓			✓	✓		
Shrimp, Jumbo Cooked	1722				✓						✓
Shrimp, Redhook Beer Battered	2761				✓	✓			✓		
Shrimp, Shell-on	3241				✓						✓
Snapper, Scarlet	2888			✓							
Sockeye Salmon, Skin On	3070			✓							
Sole Almondine	843	✓		✓				✓	✓		
Sole, Stuffed with Scallops & Crab	191 847 850	✓		✓	✓				✓		
Swordfish Steaks	771			✓							
*Tilapia, Tortilla Encrusted	1699		✓	✓							
Trout, Steelhead	3223			✓							


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Tuna, Yellowfin	2842			✓							
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	ITEM #	MILK	EGG	FISH	SHELLFISH	SOY	PEANUT	TREE NUTS	WHEAT/ GLUTEN	SESAME	SULFITES
MEALS & ENTREES											
*Single Serve Lemon Herb Chicken	3076	✓				✓			✓		
*Single Serve Lemon Garlic Shrimp	3077	✓	✓		✓	✓			✓		
*Single Serve Bourbon-Glazed Brisket	3078					✓			✓		
*Single Serve Creamy Chicken Penne	3081	✓				✓			✓		✓
*Single Serve Shrimp Fried Rice	3082	✓			✓	✓			✓	✓	✓
*Single Serve Beef & Broccoli	3083	✓				✓			✓		✓
Single Serve Lemon Herb Chicken	3283	✓				✓			✓		
Single Serve Lemon Garlic Shrimp	3284	✓	✓		✓	✓			✓		
Single Serve Bourbon-Glazed Brisket	3285					✓			✓		
Single Serve Creamy Chicken Penne	3289	✓				✓			✓		✓
Single Serve Shrimp Fried Rice	3288	✓			✓	✓			✓	✓	✓
Single Serve Beef & Broccoli	3287	✓				✓			✓		✓
*Slow Cooker Beef Bourguignon	2753	✓									
*Slow Cooker Chicken & Dumplings	2750	✓	✓						✓		✓
*Slow Cooker Jambalaya	2759	✓			✓	✓					✓
*Slow Cooker Rustic Italian Beef Stew	2752										
*Slow Cooker White Chicken Chili	2751	✓				✓					
*Slow Cooker Beef Stroganoff	2876	✓	✓	✓					✓		
*Slow Cooker Mac & Cheese w/ Brisket	2877	✓							✓		
Slow Cooker Corned Beef & Cabbage#	2917										
*Breakfast Skillet, Meat Lover's	2962	✓									
Skillet, Chicken Piccata	2807	✓	✓						✓		
Skillet, Orange Chicken	2808	✓	✓			✓			✓		
Skillet, Asian Pepper Steak	2810					✓			✓	✓	
*Skillet, Steak Au Poivre	2811	✓									
*Skillet, Creamy Garlic Chicken	2832	✓	✓						✓		
Skillet, Sesame Chicken	2885	✓	✓			✓			✓	✓	
Skillet, Shrimp Scampi	2887	✓	✓		✓	✓			✓		✓
*Skillet, Sweet Honey Shrimp	2932				✓	✓			✓	✓	
Skillet, Carnitas	2994								✓		


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Skillet, Peanut Butter Chicken	3101					✓	✓		✓		
*Skillet, Chicken & Sausage Florentine	3102	✓							✓		

		ITEM #	MILK	EGG	FISH	SHELLFISH	SOY	PEANUT	TREE NUTS	WHEAT/ GLUTEN	SESAME	SULFITES
MEALS & ENTREES												
Beef Bourguignon	3204						✓			✓		
Beef Shepherd's Pie	2740	✓		✓			✓			✓		
*Beef Stroganoff w/ Noodles	2915	✓								✓		
Beef Wellington	2448		✓				✓		*	✓		✓
Chicken & Dumplings	3203	✓								✓		✓
Chicken Pot Pie	2758	✓					✓			✓		
Creamy Chicken Lemon Orzo	3220	✓					✓			✓		
*Fajita Kit, No Protein	3115									✓		
*Fettucine Alfredo, Chicken	2367	✓	✓				✓			✓		
*Filet Mignon Bolognese w/ Tortellini	3106	✓	✓							✓		✓
Filet Mignon Pot Pie	2757	✓		✓			✓			✓		
Harvest Rice Pilaf#	3129											
Lasagna, Meat Lover's	2790	✓	✓				✓			✓		
Lobster Mac & Cheese	3207	✓				✓	✓			✓		
Lobster Ravioli	1572	✓	✓			✓	✓			✓		✓
Rigatoni Tomato & Vodka	3206	✓								✓		
Short Rib Mac & Cheese	3221	✓		✓			✓			✓		
Soup, Lobster Bisque	1454	✓				✓				✓		✓
Soup, Steakhouse Chili	2363											
*Stir Fry Kit, No Protein	3116						✓					✓
Stew, Heartland Beef	2844	✓								✓		


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		ITEM #	MILK	EGG	FISH	SHELLFISH	SOY	PEANUT	TREE NUTS	WHEAT/ GLUTEN	SESAME	SULFITES
STARTERS												
Crab Cakes, Gourmet	2882		✓			✓				✓		
Filet Mignon Bites	2692	✓	✓							✓		
Flatbread, Prosciutto & Provolone	2995	✓					✓			✓		
Flatbread, Philly Cheese Steak	2999	✓					✓			✓		
Gourmet Franks in a Blanket	2307	✓	✓							✓		
Mini Garlic Baguettes	3004	✓								✓		
Mini Lobster Grilled Cheese	3118	✓	*	*		✓	*		*	✓		

		ITEM #	MILK	EGG	FISH	SHELLFISH	SOY	PEANUT	TREE NUTS	WHEAT/ GLUTEN	SESAME	SULFITES
SIDE DISHES												
Broc & Cauli Gratin	3190	✓								✓		
Brussels Sprouts with Shallots & Bacon	2565	✓										
*Butternut Squash Risotto	3134	✓										
Caprese Risotto	3017	✓										
Corn & Edamame Succotash	3084						✓					
Creamed Spinach	2690	✓										
Green Bean Casserole#	1552	✓								✓		
Pepperjack Risotto Cakes	1765	✓								✓		
Potatoes Au Gratin	2236 2588	✓					✓			✓		
Roasted Garlic Mashed Potatoes	1478	✓					✓					
*Roasted Vegetable Medley	1518	✓										
Scalloped Potatoes, Individual	3125	✓	✓	*	*	*	*	*	*	*		
Smashed Red Potatoes	3018	✓										
Steakhouse Cauliflower Gratin	3098	✓								✓		
Steakhouse Creamed Corn	3097	✓										
Steakhouse Fries	2329											


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Steakhouse Hash Browns	3091	✓									
Steakhouse Sweet Potato Fries	3093										
Stuffed Baked Potatoes	1381 1472	✓				✓					
Whipped Sweet Potatoes	3020	✓									
Whole Green Beans	1519	✓									
Winter Roots Gratin#	3183	✓							✓		

	ITEM #	MILK	EGG	FISH	SHELLFISH	SOY	PEANUT	TREE NUTS	WHEAT/ GLUTEN	SESAME	SULFITES
DESSERTS											
Bundt Cakes, Chocolate	3219	✓	✓			✓		*	✓		
*Bundt Cakes, Fall/Winter#	3222	✓	✓			✓		✓	✓		
Bundt Cakes, Pumpkin Maple#	3237	✓	✓			✓		✓	✓		
Bundt Cakes, Spring/Summer#	3230	✓	✓			✓		*	✓		
Cannoli Cake	3298	✓	✓			✓			✓		
Caramel Apple Tartlets	1709 2243	✓	✓			✓		*	✓		
Carrot Cake	3009	✓	✓			✓	*	✓	✓		
Cheesecake Sampler - Individuals	2830	✓	✓			✓	*	✓	✓		✓
Cheesecake Sampler - Individuals	3268	✓	✓			✓		✓	✓		
Chocolate Chunk Cookie Dough	2943	✓	✓			✓	*	*	✓		
Chocolate Cream Pie	3225	✓				✓		*	✓		
Chocolate Lover's Cake	2890	✓	✓			✓			✓		
Chocolate Molten Lava Cake	2748	✓	✓			✓		*	✓		
Chocolate Souffles, Individual	3099	✓	✓			✓		*			
Cookie Dough, Macadamia Nut	5716	✓	✓			✓		✓	✓		
Crème Brulee	2288	✓	✓					*			
*Gourmet Cheesecake Sampler	2696	✓	✓			✓	*	✓	✓		
Key Lime Tart	3122	✓	✓			*		*	✓		
Mini Chocolate Mousse Cups	3007	✓	*			✓	*	*	*		
New York Cheesecake - 32 oz.	3252	✓	✓			✓		✓	✓		

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*New York Cheesecake - 32 oz.	2689	✓	✓			✓	*	*	✓		
New York Cheesecake - Individuals	2313	✓	✓			✓	*	*	✓		
Peanut Butter Fudge Silk Cake	3500	✓	✓			✓	✓		✓		
Pecan Pie#	2549	✓	✓			✓		✓	✓		
Peppermint Mousse Cake	3299	✓	✓			✓			✓		
Pineapple Upside Down Cake	2621	✓	✓			*		*	✓		
Pumpkin Pie#	2548	✓	✓			✓		*	✓		
*Raspberry Swirl Cheesecake#	3003	✓	✓			✓	*	*	✓		
Sticky Toffee Pudding Cakes	2805	✓	✓			*		*	✓		
Summer Fruit Tarts#	3029	✓	✓			*		*	✓		
Triple Berry Tartlets	2401	✓	✓			*		*	✓		

	ITEM #	MILK	EGG	FISH	SHELLFISH	SOY	PEANUT	TREE NUTS	WHEAT/ GLUTEN	SESAME	SULFITES
SAUCES & SEASONINGS											
Butter, Seasoned	795	✓		✓		✓					
Gravy, Country Style White	2361								✓		
Rub, Garlic & Herb	2654										
Rub, Private Reserve	2650 3026										
Rub, Signature Seafood	2939										
Rub, Sweet, Smoky Applewood	2652										
*Sauce, Apricot Mango Wasabi	5411										
Sauce, Barbeque	2269										
Sauce, Cocktail	1740			✓							
Sauce, Horseradish	1755		✓			✓					
Sauce, Steak	2270					✓			✓		
Sauce, Tartar	2011	✓	✓			✓					
Seasoning, Signature Steak	1141 2416 3061										

If you are unable to locate a product for which you are searching, please see individual product listings at www.omahasteaks.com or call 1-800-228-9872.