

Omaha Steaks Product Allergen and Food Sensitivity Listings

For our valued customers who need to avoid certain food ingredients, Omaha Steaks provides information regarding the top eight food allergens (Milk, Egg, Fish, Shellfish, Soy, Peanuts, Tree Nuts and Wheat) and the other ingredients (Gluten, MSG and Sulfites) we are asked about most often. Wheat & Gluten have been combined into one column as the vast majority of products that contain either, contain both.

The listings below do not include single ingredient meat products such as steaks, burgers and roasts from beef, pork, lamb, bison or veal as these DO NOT contain the above mentioned ingredients. Also omitted are any bacon products, single ingredient poultry products, and meat wrapped in bacon as these DO NOT contain any of the ingredients on the chart, either.


Allergens that are part of the ingredients are marked with a ✓.
 Allergens that may have come into contact with the product are marked with an *.
 Please consult individual product listings on omahasteaks.com for detailed information.

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For nutrition information and complete product ingredient statements, please visit our website at www.omahasteaks.com or call 1-800-228-9872.

Information effective February 2020

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	ITEM #	MILK	EGG	FISH	SHELLFISH	SOY	PEANUT	TREE NUTS	WHEAT/ GLUTEN	ADDED MSG	SULFITES
MEAT											
Bacon, Applewood Steak Cut	2487 2509										
Bacon, Colossal Cut	3117										
Bacon, Thick Sliced Fully Cooked	2279										
Bacon, Precooked	2407										
Beef Brisket, Fully Cooked	3072					✓			✓		
Beef Franks	2317										
Beef Jerky, Hot & Spicy	2781										
Beef Jerky, Original	2779										
Beef Jerky, Teriyaki	2780					✓			✓		
Beef Meatballs	2593	✓							✓		
Beef Meatloaves, Home Style	2402	✓	✓	✓					✓		
Beef Pot Roast, Cooked	1163										
Beef Snack Stick	2276										
Beef Sticks, Jalapeno	2784										
Beef Sticks, Original	2782										
Beef Sticks, Teriyaki	2783					✓			✓		
Bratwurst	1427										
Chicken Sausage, Garlic & Asiago	3071	✓									
Chicken Sausage, Whiskey & Fennel	3063										
Chicken Sausage, Apple & Gouda	3067	✓									
Franks, Jumbo Gourmet	883 1331	✓								✓	
Filet Mignon Hot Links	3075										
Filet Mignon Polish Sausage	3080										
Ham, Spiral Sliced	2578 2580										
Ham, Pit 2.5#	3021										
Ham, Pit 5#	3028										
Ham, Pecanwood Smoked	3024										
Pork Chop, Polynesian	3126					✓			✓		✓
Pork Ribs, Original	2647										
Pork Ribs, Smoked Loin	909										
Pork Ribs, Teriyaki	2623					✓			✓		✓
Pork, BBQ Pulled	1625					✓			✓		
Prime Rib Slices, Individually Wrapped	1167										
Rustic Corned Beef	2894										

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 HEARTLAND QUALITY OMAHA STEAKS SINCE 1917	ITEM #	MILK	EGG	FISH	SHELLFISH	SOY	PEANUT	TREE NUTS	WHEAT/ GLUTEN	ADDED MSG	SULFITES
MEAT											
Sausage, Italian	2190										
Sausage, Kielbasa	2534 2633	✓								✓	
Sausage, Pork Breakfast	1654										
Steak, Chicken Fried	2366					✓			✓		
Steak Bites, Original	2794										
Steak Bites, Peppercorn	2792										
Steak Bites, Teriyaki	2789					✓			✓		
Tri-tip Roast, Fully Cooked	3079										
Tri-tip Sandwich Steaks, Fully Cooked	3094										
Veal Patty, Italian Breaded	660	✓				✓			✓		
VEGETARIAN											
Burger, Vegetarian	2442										
 HEARTLAND QUALITY OMAHA STEAKS SINCE 1917	ITEM #	MILK	EGG	FISH	SHELLFISH	SOY	PEANUT	TREE NUTS	WHEAT/ GLUTEN	ADDED MSG	SULFITES
POULTRY											
Chicken Breast, Fully Cooked	3069										
Chicken Breast, Italian Style	1183	✓									✓
Chicken Breast, Roasted	2166										
Chicken Breast, Stuffed, Broccoli & Chs	1480	✓							✓		
Chicken Cordon Bleu	1424 1435	✓							✓		
Chicken Fingers, Italian	382	✓							✓		
Chicken Fried Chicken	2404					✓			✓		
Chicken Skewers with Vegetables	1694										✓
Chicken Tenders	2206								✓		
Chicken Wings, Fully Cooked	3096										
Turkey Breast, Cooked	2418										
Turkey Burger	3618										
Turkey Roulade, Prosciutto Wrapped	2716					✓		✓	✓		
Turkey, Oven Ready	1244										

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	ITEM #	MILK	EGG	FISH	SHELLFISH	SOY	PEANUT	TREE NUTS	WHEAT/ GLUTEN	ADDED MSG	SULFITES
SEAFOOD											
Cobia Fillets	3002			✓							
Cod, Icelandic (Atlantic) Loins	2421			✓							
Cod, Pub-Style Battered	1544	✓	✓	✓		✓			✓		
Crab Legs, King	842				✓						
Crab, Snow Cocktail Claws	1364				✓						
Grouper Fillets	3006			✓							
Halibut Fillets	3064			✓							
Lobster Tails	2394 2576				✓						
Lobster Tail Skewers	3119	✓			✓						
Mahi Mahi Steaks	2840			✓							
Scallops, Bacon Wrapped	2765										
Scallops, Colossal	2961										
Salmon Burger	2454	✓		✓							
Salmon Fillets, Faroe Island	2838			✓							
Salmon Fillets, Lemon Dill	2303			✓							
Salmon Fillets, Marinated	1417			✓							
Salmon, Smoked	2661			✓							
Sea Bass, Chilean	2326			✓							
Shrimp, Argentine Red	2914				✓						✓
Shrimp, Bacon & Pepperjack Wrapped	2764	✓			✓						
Shrimp, Blackened	2893				✓						
Shrimp, Coconut	1653	✓	✓		✓			✓	✓		
Shrimp, Jumbo Cooked	1722				✓						✓
Shrimp, Redhook Beer Battered	2761	✓	✓		✓	✓			✓		
Snapper, Scarlet	2888			✓							
Sockeye Salmon, Skin On	3070			✓							
Sole Almondine	843	✓		✓				✓	✓		
Sole, Stuffed with Crab & Mushrooms	2826	✓		✓	✓	✓		✓			
Sole, Stuffed with Scallops & Crab	191 847 850	✓		✓	✓	✓			✓		
Sole, Stuffed with Shrimp Fried Rice	2825	✓		✓	✓	✓			✓		✓
Swordfish Steaks	771			✓							
Tilapia, Fire Roasted Lemon Garlic	2406	✓		✓		✓					


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Tilapia, Tortilla Encrusted	1699	✓		✓		✓			✓		
Tuna, Yellowfin	2842			✓							


	ITEM #	MILK	EGG	FISH	SHELLFISH	SOY	PEANUT	TREE NUTS	WHEAT/ GLUTEN	ADDED MSG	SULFITES
MEALS & ENTREES											
Single Serve Lemon Herb Chicken	3076	✓				✓			✓		
Single Serve Lemon Garlic Shrimp	3077	✓	✓		✓	✓			✓		
Single Serve Bourbon-Glazed Brisket	3078					✓			✓		
Single Serve Creamy Chicken Penne	3081	✓				✓			✓		✓
Single Serve Shrimp Fried Rice	3082	✓			✓	✓			✓		✓
Single Serve Beef & Broccoli	3083	✓				✓			✓	✓	✓
Slow Cooker Beef Bourguignon	2753	✓									
Slow Cooker Chicken & Dumplings	2750	✓	✓						✓		✓
Slow Cooker Cuban Mojo Pork	2754										
Slow Cooker Jambalaya	2759	✓		✓	✓	✓					✓
Slow Cooker Rustic Italian Beef Stew	2752										
Slow Cooker White Chicken Chili	2751	✓				✓					
Slow Cooker Beef Stroganoff	2876	✓	✓	✓					✓		
Slow Cooker Mac & Cheese w/ Brisket	2877	✓							✓		
Slow Cooker Mississippi Pot Roast	2820	✓									
Slow Cooker Corned Beef & Cabbage	2917										
Breakfast Skillet, Chorizo Hash	2957										
Breakfast Skillet, Meat Lover's	2962	✓									
Breakfast Skillet, Ranchero Steak	2965										
Skillet, Chicken Piccata	2807	✓	✓						✓		
Skillet, Orange Chicken	2808	✓	✓			✓			✓		
Skillet, Asian Pepper Steak	2810					✓			✓		
Skillet, Steak Au Poivre	2811	✓									
Skillet, Creamy Garlic Chicken	2832	✓	✓						✓		
Skillet, Sesame Chicken	2885	✓	✓			✓			✓		
Skillet, Shrimp Scampi	2887	✓	✓		✓	✓			✓		✓
Skillet, Sweet Honey Shrimp	2932				✓	✓	✓		✓		
Skillet, Carnitas	2994								✓		
Skillet, Peanut Butter Chicken	3101					✓	✓		✓		


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Skillet, Chicken & Sausage Florentine	3102	✓							✓		
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MEALS & ENTREES											
Beef Shepherd's Pie	2740	✓		✓		✓			✓		
Beef Stroganoff w/ Noodles	2915	✓							✓		
Beef Wellington	2448		✓			✓		*	✓		✓
Chicken Pot Pie	2758	✓				✓			✓		
Fajita Kit, No Protein	3115								✓		
Fettucine Alfredo, Chicken	2367	✓	✓			✓			✓		
Fettucine Alfredo, Shrimp	2673	✓			✓				✓		
Filet Mignon Bolognese w/ Tortellini	3106	✓	✓						✓		✓
Filet Mignon Pot Pie	2757	✓		✓		✓			✓		
Italian Style Seafood Stew	3010			✓	✓						✓
Italian Style Braised Veal Shank	3011										✓
Lasagna, Meat Lover's	2790	✓	✓						✓		
Lobster Mac & Cheese	3019	✓			✓				✓		
Lobster Ravioli	1572	✓	✓		✓	✓			✓		✓
Red Wine Braised Beef Short Ribs	3012										✓
Spanish Rice with Seafood & Sausage	3013				✓						✓
Soup, Lobster Bisque	1454	✓			✓				✓		✓
Soup, Steakhouse Chili	2363										
Stir Fry Kit, No Protein	3116				✓						
Sweet & Spicy Shrimp	2956		✓		✓	✓			✓		
Stew, Heartland Beef	2844	✓							✓		


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	ITEM #	MILK	EGG	FISH	SHELLFISH	SOY	PEANUT	TREE NUTS	WHEAT/ GLUTEN	ADDED MSG	SULFITES
STARTERS											
Crab Cakes, Gourmet	2882		✓		✓				✓		
Filet Mignon Pastry Pockets	3014	✓				✓			✓		
Filet Mignon Dumplings	3016		✓			✓			✓		
Filet Mignon Empanadas	3015	✓							✓		
Filet Mignon Bites	2692	✓	✓						✓		
Filet Mignon Spring Rolls	2694	✓	✓			✓			✓		
Flatbread, Prosciutto & Provolone	2995	✓				✓			✓		
Flatbread, Philly Cheese Steak	2999	✓				✓			✓		
Gourmet Franks in a Blanket	2307	✓	✓						✓		
Mini Garlic Baguettes	3004	✓							✓		
Mini Lobster Grilled Cheese	3118	✓	*	*	✓	*		*	✓		

	ITEM #	MILK	EGG	FISH	SHELLFISH	SOY	PEANUT	TREE NUTS	WHEAT/ GLUTEN	ADDED MSG	SULFITES
SIDE DISHES											
Asparagus Spears with Hollandaise	1556	✓	✓								
Baked Beans with Pork Belly	3085			✓						✓	
Brown Butter Sage Potatoes	3025	✓									
Brussels Sprouts with Shallots & Bacon	2565	✓									
Caprese Risotto	3017	✓									
Corn & Edamame Succotash	3084					✓					
Creamed Spinach	2690	✓									
Glazed Rainbow Carrots	3022	✓									
Green Bean Casserole	1552	✓							✓		
Pepperjack Risotto Cakes	1765	✓							✓		
Potatoes Au Gratin	2236 2588	✓				✓			✓		
Roasted Garlic Mashed Potatoes	1478	✓				✓					
Roasted Vegetable Medley	1518	✓									
Scalloped Potatoes	2672	✓									


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Smashed Red Potatoes	3018	✓									
Steakhouse Cauliflower Gratin	3098	✓							✓		
Steakhouse Creamed Corn	3097	✓									
Steakhouse Fries	2329										
Steakhouse Hash Browns	3091	✓									
Steakhouse Sweet Potato Fries	3093								✓		
Stuffed Baked Potatoes	1381 1472	✓				✓					
Tri Color Glazed Carrots	3022	✓									
Whipped Sweet Potatoes	3020	✓									
Whole Green Beans	1519	✓									

	ITEM #	MILK	EGG	FISH	SHELLFISH	SOY	PEANUT	TREE NUTS	WHEAT/ GLUTEN	ADDED MSG	SULFITES
DESSERTS											
Caramel Apple Tartlets	1709 2243	✓	✓			✓		*	✓		
Carrot Cake	3009	✓	✓			✓	*	✓	✓		
Cheesecake Sampler - Individuals	2830	✓	✓			✓	*	✓	✓		✓
Chocolate Chunk Cookie Dough	2943	✓	✓			✓			✓		
Chocolate Lover's Cake	2890	✓	✓			✓			✓		
Chocolate Molten Lava Cake	2748	✓	✓			✓		*	✓		
Chocolate Souffles, Individual	3099	✓	✓			✓		*			
Crème Brulee	2288	✓	✓					*			
Gourmet Cheesecake Sampler	2696	✓	✓			✓	*	✓	✓		
Key Lime Tart	3122	✓	✓			*		*	✓		
Mini Chocolate Mousse Cups	3007	✓	✓				*	*	*		
New York Cheesecake - 32 oz.	2689	✓	✓			✓	*	*	✓		
New York Cheesecake - Individuals	2313	✓	✓			✓	*	*	✓		
Pecan Pie	2549	✓	✓			✓		✓	✓		
Pineapple Upside Down Cake	2621	✓	✓			*		*	✓		
Pumpkin Pie	2548	✓	✓			✓		*	✓		
Raspberry Swirl Cheesecake	3003	✓	✓			✓	*	*	✓		

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Red Velvet Cake	3095	✓	✓			✓			✓		
Sticky Toffee Pudding Cakes	2805	✓	✓			*		*	✓		
Triple Berry Tartlets	2401	✓	✓			*		*	✓		
Vanilla Lover's Cake	3087	✓	✓			✓			✓		

	ITEM #	MILK	EGG	FISH	SHELLFISH	SOY	PEANUT	TREE NUTS	WHEAT/ GLUTEN	ADDED MSG	SULFITES
SAUCES & SEASONINGS											
Butter, Seasoned	795	✓		✓		✓					
Gravy, Country Style White	2361								✓		
Rub, Garlic & Herb	2654										
Rub, Private Reserve	2650 3026										
Rub, Signature Seafood	2939										
Rub, Signature Steak	2651										
Rub, Sweet, Smoky Applewood	2652 2804										
Sauce, Apricot Mango Wasabi	5411										
Sauce, Barbeque	2269										
Sauce, Cocktail	1740			✓							
Sauce, Horseradish	1755		✓			✓					
Sauce, Steak	2270					✓			✓		
Sauce, Tartar	2011	✓	✓			✓					
Seasoning, Signature Steak	1141 1497 2416										
Topper, Honey Bourbon Onions	2929										
Topper, Smoky Bacon Jam	2930	✓									
Topper, Mushrooms & Bleu Cheese	2927	✓							✓		

If you are unable to locate a product for which you are searching, please see individual product listings at www.omahasteaks.com or call 1-800-228-9872.