



## Omaha Steaks

### Easy to Prepare from Frozen

SKU	PRODUCT NAME	METHOD OF PREPARATION	COOK TIME
<b>BEEF</b>			
1626	Shredded BBQ Beef	Freezer to oven	10 min
1568	Beef Sirloin Tips with Mushroom & Wine Sauce	Freezer to oven	9 min
1637	Beef Sirloin Stew	Freezer to oven	9 min
1567	Beef Stroganoff	Freezer to oven	9 min
1163	Fully Cooked Pot Roast	Freezer to oven	45 min
138	Precooked Italian-Style Meatballs	Freezer to oven	6 min
2317	Old World Franks	Freezer to microwave, grill or boil	Microwave: 2 min Boil: 8-10 min Grill: 8-15 min
<b>DELI MEAT</b>			
2388	Deli-Style Roast Beef	Thaw and serve	
2389	Pastrami Slices	Thaw and serve	
2390	Corned Beef Slices	Thaw and serve	
2391	Oven Roasted Turkey Breast Slices	Thaw and serve	
<b>SEAFOOD</b>			
2333	Blackened Shrimp	Freezer to stovetop or grill	Stovetop: 4 min Grill: 4 min
975	Butterflied Trout Fillets	Freezer to oven	6 min
2330	Fire-Roasted Salmon Fillets	Freezer to oven	3 ½ min
2364	Fire-Roasted Citrus Cod	Freezer to oven	3 ½ min
1722	Jumbo Cooked Shrimp	Thaw and serve	
842	King Crab Legs	Freezer to microwave or boil	Microwave: 12 min Boil: 5 min
2303	Lemon Dill Salmon	Freezer to oven	8 min
1527	Classic Salmon	Freezer to oven	8 min
2025	Wild Salmon	Freezer to oven	8 min
1665	Hickory Salmon Fillets	Freezer to oven	8 min
1736	Lemon-Peppered Tilapia	Freezer to oven	9-11 min
633	Gourmet Lobster Tails	Freezer to boil or microwave	Boil: 15min Microwave: 15 min
555	Cold Water Lobster Tails	Freezer to boil or microwave	Boil: 15min Microwave: 15 min
2394	Maine Split Lobster Tails	Freezer to broil, grill or boil	Broil: 12 min Grill: 12 min Boil: 5 min
2182	Oven Fried Shrimp	Freezer to oven	16 min
2006	Parmesan-Crusted Trout Fillets	Freezer to oven	18 min
2302	Premium Norwegian Lox	Thaw and serve	
1544	Pub-Style Cod	Freezer to oven	20 min
1364	Snow Crab Cocktail Claws	Thaw and serve	
850	Stuffed Sole (Scallops & Crabmeat)	Freezer to microwave	5 ½ min

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1653	Coconut Shrimp	Freezer to oven	14-16 min
<b>PORK</b>			
2279	Precooked Hearty-Cut Bacon Slices	Freezer to oven	35 seconds
177	Precooked Bacon Slices	Freezer to oven	25 seconds
1625	BBQ Pulled Pork	Freezer to oven	8 min
1427	Gourmet Bratwurst (fully cooked)	Freezer to microwave or grill	Microwave: 2 min Grill: 8 min
1654	Breakfast Pork Sausage	Freezer to microwave	2 ½ min
2297	Carnitas Pork Roast	Freezer to microwave	11 min
883	Gourmet Jumbo Franks	Freezer to microwave, grill or boil	Microwave: 1 ½ min Grill: 15 min Boil: 8-10 min
2190	Italian Sausages	Freezer to microwave, grill or boil	Microwave: 1 ½ min Grill: 12-15 min Boil: 10-15 min
2169	Polish Sausages	Freezer to microwave, grill or boil	Microwave: 1 ½ min Grill: 15 min Boil: 8-10 min
909	Smoked Pork Baby Back Ribs	Freezer to microwave	5-6 min
2351	Tex-Mex Pot Pies	Freezer to microwave	5 ½ min
<b>POULTRY</b>			
2348	Chicken & Salsa Pot Pie	Freezer to microwave	5 ½ min
2167	Mediterranean Chicken Breasts	Freezer to microwave or oven	Microwave: 2- 2 ½ min Oven: 12-15 min
813	Italian Chicken Breasts	Freezer to microwave or oven	Microwave: 2- 2 ½ min Oven: 12-15 min
2164	Caribbean Chicken Breasts	Freezer to microwave or oven	Microwave: 2- 2 ½ min Oven: 12-15 min
2166	Oven-Roasted Chicken Breasts	Freezer to microwave or oven	Microwave: 2- 2 ½ min Oven: 12-15 min
2165	Sesame Chicken Breasts	Freezer to microwave or oven	Microwave: 2- 2 ½ min Oven: 12-15 min
2289	BBQ Rubbed Chicken Breasts	Freezer to microwave or oven	Microwave: 2- 2 ½ min Oven: 12-15 min
2327	Smoky 'n Sweet Pulled Chicken	Freezer to microwave	9 min
2193	Oven-Roasted Turkey Breast	Thaw and serve	
<b>APPETIZERS</b>			
2307	Franks in a Blanket	Freezer to oven	20-23 min
2341	Chicken Cordon Bleu Bites	Freezer to oven	15-16 min
1652	Artichoke & Spinach Dip	Freezer to microwave	13 min
2008	Hot & Spicy Buffalo Chicken Wings	Freezer to microwave	6 min
1483	Antipasto Bread Loves	Freezer to microwave	4-6 min
<b>PASTA &amp; SOUP</b>			
893	Traditional Beef Lasagna	Freezer to microwave	14-15 min

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2232	Meat Lover's Lasagna	Freezer to microwave	18-19 min
2186	Roasted Vegetable Lasagna	Freezer to microwave	13-15 min
2187	Shrimp Fettuccine Alfredo	Freezer to microwave	6-7 min
2367	Chicken Fettuccine Alfredo	Freezer to microwave	9 min
1454	Lobster Bisque	Freezer to microwave or boil	Microwave: 11-13 min Boil: 30 min
2363	Omaha's Steakhouse Chili	Freezer to microwave or boil	Microwave: 11-13 min Boil: 30 min
2365	Tuscan Tomato Florentine Soup	Freezer to microwave or boil	Microwave: 11-13 min Boil: 30 min
2362	Santa Fe's Black Bean Soup	Freezer to microwave or boil	Microwave: 11-13 min Boil: 30 min
<b>SIDE DISHES</b>			
1556	Asparagus Spears with Hollandaise Sauce	Freezer to microwave	3-4 min
1730	Broccoli & Cauliflower in Roasted Garlic Oil	Freezer to microwave	2 ½ -3 min
2334	Classic Spanish Rice	Freezer to microwave	7-7 ½ min
2335	Colossal Baked Potatoes	Freezer to microwave	7-9 min
1487	Creamed Spinach	Freezer to microwave	6-8 min
2359	Flame-Roasted Baby Gold Potatoes	Freezer to microwave	4 ½ min
1552	Green Bean Casserole	Freezer to microwave	7 min
309	Mixed Vegetables	Freezer to microwave	8-10 min
1765	Pepper Jack Risotto Cakes	Freezer to microwave	2-3 min
2395	Crispy Risotto Bites	Freezer to oven	11-13 min
1205	Potatoes au Gratin	Freezer to microwave	1-3 min
1478	Roasted Garlic Mashed Potatoes	Freezer to microwave	4-5 min
2368	Smashed Red Potatoes	Freezer to microwave	3 ½ min
2230	Steakhouse Potatoes	Freezer to microwave	6- 6 ½ min
4009	Stir-Fry Vegetables	Freezer to microwave	8-9 min
1381	Stuffed Baked Potatoes	Freezer to microwave	2 ½ -4 min
1518	Roasted Vegetable Medley	Freezer to microwave	3-5 min
1485	Whipped Sweet Potatoes	Freezer to microwave	6-8 min
1519	Greens Beans	Freezer to microwave	3-5 min
2194	Glazed Carrots	Freezer to microwave	3-5 min
1520	Corn Medley	Freezer to microwave	3-5 min
<b>DESSERTS</b>			
1709	Caramel Apple Tartlets	Freezer to microwave	60-70 seconds
2401	Triple Berry Tartlets	Freezer to microwave	60-70 seconds
4557	Chocolate Molten Lava Cakes	Freezer to microwave	45-50 seconds
2393	Fudge-Filled Brownies	Freezer to microwave	40-45 seconds
2231	Sour Cream Coffee Cakes	Freezer to microwave	1 min 35-45 seconds
2345	Chocolate Mousse Torte Squares	Thaw and serve	
2346	French Pastry Assortment	Thaw and serve	
427	New York Cheesecake	Thaw and serve	

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900	Chocolate Lover's Cake	Thaw and serve	
2358	Dulce de Leche Pyramids	Thaw and serve	
2313	Individual New York Cheesecakes	Thaw and serve	
2337	Individual Tiramisu Cakes	Thaw and serve	
2282	Key Lime Tartlets	Thaw and serve	
2384	Individual Marble Cheesecakes	Thaw and serve	
2339	Lemon Tart	Thaw and serve	
2360	Individual Lithuanian Tortes	Thaw and serve	
<b>1-STEP RAPID ROAST</b>			
2398	Teriyaki Pork Tenderloin	Freezer to oven	45 min